

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF OCTOBER 13, AD9

HCO SECS.
D OF P's.

A Useful Process.

On your HGC process you have many who cannot seem to plumb an overt/
motivator sequence. On any such and many more, you will find the following
process works admirably:

"Recall being critical."

"Recall withholding criticism."

If the pc tends to become ill push on through. This is the lowest
level of force and influences body form. Try it and tell me how it goes.

L. RON HUBBARD

LRH:js.mek
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